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2016

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PRACTICE AND PROGRESS

Books Recommendation

Leisure Time

One Direction

The National Flower

Preface

It is time for change.

It is time for innovation.

Rules are created to be broken.

Men are created to win.

You will conquer the fear unless you conquer a
fearful self.

You will achieve success unless you taste failure.

Change the unchangeable.

You are the winner!



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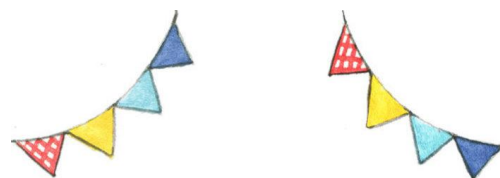
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Humor Time

The Same Service

A man who had been married for ten years was consulting a marriage counselor.

"When I was first married, I was very happy. I'd come home from a hard day down at the shop, and my little dog would race around barking, and my wife would bring me my slippers. Now everything's changed. When I come home, my dog brings me my slippers, and my wife barks at me."

"I don't know what you're complaining about," said the counselor, "You're still getting the same service."

同样的服务

有位结婚十年的男人，正向婚姻顾问请教。

“新婚时我非常幸福。在市区的商店里累了一天，回到家里，小狗围着我又跑又叫，妻子忙给我拿来拖鞋。现在一切都变了。小狗给我叼来拖鞋，妻子对我又喊又叫。”

“我不知道你有什么可抱怨的，”顾问说，“你得到的服务还是同样的嘛。”

Talking clock

While proudly showing off his new apartment to friends, a college student led the way into the den.

"What is the big brass gong and hammer for?" one of his friends asked.

"That is the talking clock," the man replied.

"How's it work?"

"Watch," the man said and proceeded to give the gong an ear shattering pound with the hammer.

Suddenly, someone screamed from the other side of the wall, "Knock it off, you idiot! It's two o'clock in the morning!"

会说话的钟

一个学生带他朋友们参观他的新公寓，甚是得意。

那个大铜锣和锤子是干什么用的？他的一个朋友问他。

那玩意儿厉害了，那是一个会说话的钟，学生回答。

这钟怎么工作的，他的朋友问。

看着，别眨眼了，那学生走上前一把操起铜锣和锤子，拼命地敲了一下，声音震耳欲聋。

突然，他们听到隔壁墙那边有人狂叫，别敲了，你这白痴！现在是凌晨两点钟了！





The mean man's party (吝啬鬼请客)

The notorious cheap skate finally decided to have a party.

Explaining to a friend how to find his apartment, he said, "Come up to 5M and ring the doorbell with your elbow. When the door open, push with your foot."

"Why use my elbow and foot?"

"Well, gosh," was the reply, "You're not coming empty-handed, are you?"



一个出了名的吝啬鬼终于决定要请一次客了。

他在向一个朋友解释怎么找到他家时说：“你上到五楼，找中间那个门，然后用你的胳膊肘按门铃。门开了之后，再用你的脚把门推开。”

“为什么要用我的肘和脚呢？”

“你的双手得拿礼物啊。天哪，你总不会空着手来吧？”吝啬鬼回答。

The National Flower



The national flower is a national symbol used as their national flower. The national flower of the culture of a country other significance.

About one hundred countries in the world have their national flowers and treat them as the symbols of friendship, happiness, peace and so on.

From the national flower, we can not only enjoy the beauty, but also feel the uniqueness of the country.



China: Peony

牡丹



The tree peony is Chinese traditional flower and has been planted more than 1500 years in China. It was awarded the title of Chinese national flower in 1994.

It is a sign of peony represents success, happiness and wealth.

中国诗句：

“国色朝酣酒，天香夜染衣”

“春风得意马蹄疾，一日看遍长安花”



Sunflowers are grown in many parts of the world now, but they were grown in the North America at first, they came to China in about Ming Dynasty. the flowers are yellow, from morning to night, they always turn round with the sun and face the sun, so they get the name -- sunflowers. There are many famous pictures about sunflowers and they are the national flower of Russia.



ENGLAND: ROSE

玫瑰

Since the Lancaster family and York Royal war of the roses (1455-1485) (玫瑰战争), rose to become the symbol of England. England unified throughout the UK, United Kingdom, rose gradually became the British National flower. The wars of the roses, at that time on behalf of Lancaster Royal is a red rose, white rose on behalf of York Royal is. York royal power was Lancaster Royal defeated collapse, but the two sides in the war by marriage and reconciliation, so the two royal representative thereof, the two rose to be made one, a red rose white core. Then, the white Xinhong rose has become a symbol of England, has become a symbol of the United Kingdom.



Pure and romantic

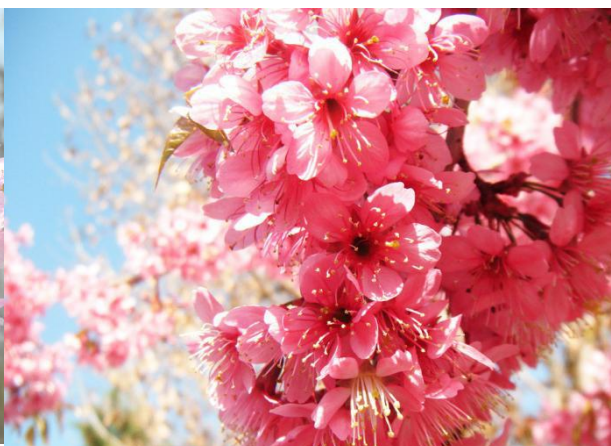
ITALY :DAISY 雏菊

Daisy has the appearance of primitive simplicity (古朴.Italy people think this likes a gentleman and childlike (天真的) .



Japan:Cherry Blossom 樱花

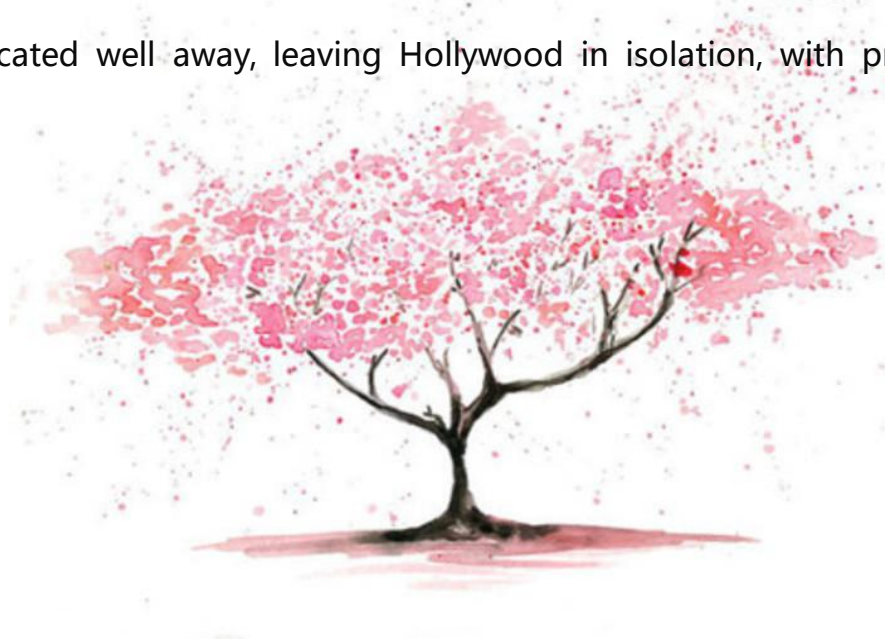
The Japanese people think cherry blossom has the spirit (精神) of elegant(雅致的),strong,plain(朴素的)and independent. They consider the cherry blossom as the symbol of hardworking,brave and wisdom (智



THE INTRODUCTION OF HOLLYWOOD



If a single place-name encapsulates the LA dream of glamor, money and overnight success, it's Hollywood. Millions of tourists arrive on pilgrimages; millions more flock here in pursuit of riches and glory. Hollywood is a weird combination of insatiable optimism and total despair. It really does blur the edges of fact and fiction, simply because so much seems possible and yet so little, for most people, actually is. Those who do strike it rich here get out as soon as they can, just as they always have; the big film companies, too, long ago relocated well away, leaving Hollywood in isolation, with prostitution,



History

In 1853, one adobe hut stood in Nopalera (Nopal area), named for the Mexican Nopal cactus indigenous to the area. By 1870, an agricultural community flourished. The area was known as the Cahuenga Valley, after the pass in the Santa Monica Mountains immediately to the north.



The name *Hollywood* was coined by H. Whitley, the "Father of Hollywood". Whitley arranged to buy the 500-acre (2.0 km²) E.C. Hurd ranch and disclosed to him his plans for the land. They agreed on a price and Hurd agreed to sell at a later date. Before Whitley got off the ground with Hollywood, plans for the new town had spread to General Harrison Gray Otis, Hurd's wife, Mrs. Daeida Wilcox and others.



Daeida learned of the name *Hollywood* from Ivar Weid, her neighbor in Holly Canyon (now Lake Hollywood) and a prominent investor and friend of Whitley's. She recommended the same name to her husband, H. H. Wilcox. On February 1, 1887, Harvey filed a deed and map of property he sold with the Los Angeles County Recorder's office. Harvey wanted to be the first to record it on a deed.

Construction

During the early 1950s the Hollywood Freeway was constructed through the northeast corner of Hollywood.

The Capitol Records Building on Vine Street, just north of Hollywood Boulevard, was built in 1956, and the Hollywood Walk of Fame was created in 1958, as a tribute to artists and other significant contributors to the entertainment industry. The official opening was on February 8, 1960. In 1985, the Hollywood Boulevard Commercial and Entertainment District was listed in the National Register of Historic Places.



In June 1999, the Hollywood extension of the Los Angeles County Metro Rail Red Line subway opened from Downtown Los Angeles to the San Fernando Valley, with stops along Hollywood Boulevard at Western Avenue, Vine Street and Highland Avenue.

The Dolby Theatre, which opened in 2001 on Hollywood Boulevard at Highland Avenue (as the Kodak Theatre), where the historic Hollywood Hotel once stood, is the home of the Oscars.

Geography

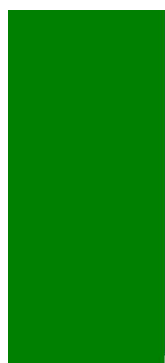
According to the Mapping L.A. project of the Los Angeles Times, Hollywood is flanked by Hollywood Hills to the north, Los Feliz to the northeast, East Hollywood to the east, Larchmont and Hancock Park to the south, Fairfax to the southwest, West Hollywood to the west and Hollywood Hills West to the northwest.

Street limits of the Hollywood neighborhood are: north, Hollywood Boulevard from La Brea Avenue to the east boundary of Watts Garden Park and Franklin Avenue between Bonita and Western avenues; east, Western Avenue; south, Melrose Avenue, and west, La Brea Avenue or the West Hollywood city line.

In 1918, H. J. Whitley commissioned architect A. S. Barnes to design Whitley Heights as a Mediterranean-style village on the hills above Hollywood Boulevard, and it became the first celebrity community. Other areas within Hollywood are Franklin Village, Little Armenia, Spaulding Square and Thai Town.



As a district within the Los Angeles city limits, Hollywood does not have its own municipal government. There was an official, appointed by the Hollywood Chamber of Commerce, who served as an honorary "Mayor of Hollywood" for ceremonial purposes only. Johnny Grant held this position from 1980 until his death on January 9, 2008.



Italy

Basic introduction

Name: The republic of Italy

Capital: Rome

Major city: Milan Venice Florence

Naples Turin

National Day: June 2, 1946

Traffic: driving on the right

Main religion: Catholic

National flower: Daisy

Famous : architecture and football



Places of interest

● The Leaning Tower of Pisa

It is one of the world's famous architectural wonders and tourist attractions. It is a freestanding



bell tower, located in the western city Pisa's church square.

● Milan Cathedral



It was built in 1386, and completed after 500 years, known as Italy's most stunning Gothic architecture.

● Colosseum

The oval building covers an area of about 20000 square meters. Here you can see the the most basic structure and the greatest achievement in Rome: arch construction. Namely, it is the symbol of the Roman Empire.



Italian favourite food

Italians always have affection for food. Pasta and pizza are the most famous Italian dishes, today they are basically international staples.



Italy gourmet

Dessert is also the ultimate pursuit of all countries in the world. There are various options for people to choose from.

The football of Italy



The Italian national football team is one of the most successful soccer playing nations. It is nicknamed azzurri, because the traditional jersey colour of the national team is sky blue.

Tradition and fashion

☆ Carnival is a traditional festival in Italy. From February 21 to March 4, carnival hits the streets. For most people, carnival means large parties and feasting. But in Venice, it also means



traditional masks and clothes. Along the waterways, people greeted each other with: "Good morning Mrs. Mask!" On all accounts, the Venice Carnival is an event worth experiencing.

☆ Italy is a fashion paradise throughout the world. Milan, Florence and Rome are Italy's main fashion cities. Major Italian fashion labels, such as Gucci, Prada, Valentino, Armani, are all international



well-known brands. At the same time, Milan fashion week has been always gathering the world's top figures in the fashion industry.



One Direction



One Direction combination is also first debut album in the United States in the history of the Billboard album chart British band combination of winning the championship. In 2012, One Direction's first album, *Up All Night*, and the second album "*Take Me Home*" respectively in 4.5 million and 4.5 million in annual global charts the third and fourth. Who has global album sales breakthrough of 12 million, with ultra-high popularity all over the world, is now in Europe and the world of pop music's most red man band combination.





In English Band is the Band and the combination of a general designation, but in the Chinese Band and combinations have different meanings, both combination is usually only responsible for acting, singing group, responsible for occasionally some lyrics creation, the Band is different, composer, lyricist, playing an instrumental singing are generally Band overall completion, so called one-way combination one-way Band is not accurate.





Bicycle

On September 26, 2011, One Direction has announced the first British Tour - Up All Night Tour, in November 2011 to January 2012. Tour tickets sold in three minutes. In February 2012 to March, One Direction announced in Australia and North America tour dates: April 2012 to May, sixty-two concert tickets sold and empty. On February 21, 2012, One Direction in the Brit Awards, single award, award, Payne said in 2013, the group will be held in the first stage concert (Arena Tour) - UK & Ireland Arena Tour. At the beginning of the end of 2011 launched album, Up All Night, airborne the UK album chart, sold more than 138631 copies in the first week, so far the album sold more than 700000 British.





Beijing time on November 14, 2012, according to foreign media reports, the Justin Bieber and Katy Perry, after the British pop idol group "one-way combination" (One Direction) will also have their own 3d concert documentary, SONY announced today that the named < This is Us > record for 3d movie will be on August 23, 2013 in the UK premiere, SONY, Samsung Pictures will be responsible for the issue.



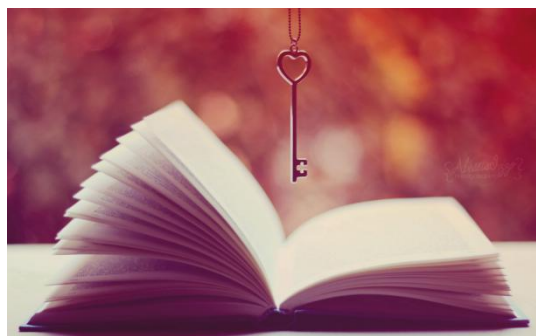
One Direction are an English boy band formed in London in 2010, consisting of members Niall Horan, Zayn Malik, Liam Payne, Harry Styles and Louis Tomlinson. They signed with Simon Cowell's record label Syco Records after being formed and finishing third

in the seventh series of British television music competition The X Factor. Besides their musical endeavors, One Direction have supported various charities and foundations, and have commercial endorsements with Pokémon, Nokia, Harper Collins and Hasbro.

Albert in der Vergangenheit

德语 131 胡克义

Er ist Albert, vor 10 Jahren war er erst 12 Jahre alt. Denke mal, er war noch ein grüner Junger in einer neuen Umgebung, also in der Mittelschule. Er hatte nette und



liebe Kommilitone kennen gelernt. Und allererst denkt er an seine schöne Lehrerin, Frau Wang, sie lehrt Englisch. Sein Englisch war sehr schlecht in der Grundschule, aber mit dem Zauber und Freundlichkeit von Frau Wang war seine Leistung bei Englisch an der Spitze. Aber seine Mathematiknote war immer untergegangen, weil die Mathematiklehrerin eine ganz alte, hässliche und feudalistische Frau war. Er dachte oft, warum sie dem Jungen wie ihm immer gegenüberstand? Warum er sich vor ihr schwach verhalten musste?

Wenn ich in die Vergangenheit gehen könnte, würde ich dem jungen Albert sagen, du solltest lieber Frau Wang danken und die Tapferkeit der alten Frau gegenüber haben.

Der Himmel war noch blauer und die Luft noch frischer in der Vergangenheit. Der Junge Albert war aber noch grüner. Nachdem er mit dem Danken und der Tapferkeit fertig gewesen wäre, sollte er dann an sich und an die Worte von Mama denken. Mama war sehr beschäftigt

und der junge Albert lernt nicht sehr gerne. Er sollte fleißiger werden müssen! Sonst würde nichts aus ihm! dachte er nicht oft an seine Mutter und seinen Vater? Die Mutter war wie eine Alleinerziehende, weil der Vater immer im fernen Ort arbeitete. Mutter war eine gute Köchin, mit allgemeinen Fleisch und Gemüse wurden leckerste Speisen durch die Hände von Mama gekocht. Damals ging Mama oft mit ihm einkaufen. zum ersten Mal haben sie zwei Schalen gekauft, zum zweiten zwei größere. Warum mussten sie vier Schalen zum zweiten Mal kaufen? Ich ging in die Vergangenheit zurück und sagte dem kleinen Albert, sei brav! Mutter sei nach der Arbeit schon sehr müde, wenn du mit ihr spazieren gehen möchtest, müsstest du nicht immer mit ihr nur in den Supermarkt gehen, begleite Mutter in den Park! Gehet an die frische Luft!

Was wäre, wenn ich in die Vergangenheit ginge. Der kleine Albert, den ich nicht kenne, war eben ich. Wenn ich den Kleinen Albert verändern könnte, sehe ich von heute etwas anders aus?



않았다면 지금까지 큰 유감으로 생각해요.

여러 가지 꿈 때문에 어린 시절은 뭐 든지 아름다워 보여요. 어렸을 때는 모든 것이 가능해요. 요리사, 선생님, 발레 무용수, 기자 등의 직업을 많이 동경했어요. 그러나 시간이 흐르면 어릴 적의 좋은 꿈은 잃어버리기 쉬워요. 그래서 당신 백배로 지금 있는 시간을 꼭 소중히 여겨요.

사람마다 성장하는 과정에서 많은 어려움을 만나고 어린시절의 천진한 꿈을 잊어버려요. 그렇지만 어릴 적의 꿈때문에 매우 깊이 감동하고 위안을 받겠어요.

나이가 좀 들면서 꿈을 있어서 용감하게 견지하고 완성하는 것이 제일 좋다는 것을 알게 될 것어요. 그럼 당신이 성공하기를 기원해요.

십 년 후의 자신 씬



If I went back to 10 years ago

朝鲜语 162 刘倩

At that moment ,there were endless streams of people and cars on the road, stand here I don't know what to do and where should I go. Suddenly ,a fresh question flashed upon my mind :If I went back to 10years ago what I should say to myself at that time.



Ten years ago, I am just a 8years old girl who don't know what's cheating. It's a so innocence age that don't know the hardships of life. There is also a lot of thongs I don't know. So if I went back to 10 years ago, I will say to myself : "Girl, even if the world has so much is not good, but you still have to believe in love and affection, because it is the most precious thing in the world and it is also much more precious than money ! If you see a lot of dirty things on the road of growing up, please don't let these things cover your eyes so that you can not tell the light and dark, you have to use your power to erase these dark, and at the same time, you also bring a light future to others.

If there is some one who has hurt you, you must also be brave to step forward after you said. The people who leave you you don't want to stay, retention will only wast your time. And don't hurt people who hurt

you because revenge will only let the malicious spread, all you need to do is to be kind, only in this way can you not be the one you hate, just as the old saying goes :As long as everyone gave a little love, the world will become a better world. So you should try your best to make a better world !

What important thing is you can't waste your time so that you will regret it 10 years later, when you can not get any talent in the interview you will know how how hopeless. Almost everyone knows the famous Chinese saying :A young idler, an old beggar. Therefore, you should learn something more when you are young, after all, the technology does not press the body. Learning more things will come in handy later. ..."

If I went back to 10 years ago I really have too much to say to myself. Through the past 10 years ,I found myself doing something wrong too much to waste too much time.

I won't waste any more time in next 10 years.



Correspondence paper to ten years ago

英师 152 周瑞

Ten years, is a pretty long time for someone's growth; it's also a pretty long time for me to recollect or reflect on what has happened during this precious period. Looking back to ten years ago, I prefer to leave myself several sentences to myself at that time, just some simple, concise but meaningful words from "Stray Bird".

First and foremost, "The word has kissed my soul with its pain, asking for its return in songs". Confronted with sorts of inevitable troubles or difficulties in the life, I want myself to be tougher. What I really need is not a crisp or sentimental inner world. I am supposed to have strong determination to cover long distance in my life, which can never render me surrender to anything. Meanwhile, I hope my reaction to troubles is not only complaint. To some degree, complaint is equal to wasting times, which are no use solving problems. What's worse, complaint is likely to give me a pessimistic psychological hint. Therefore, I advise myself to have an optimistic attitude towards everything, whether good or bad. Just as the saying goes, the world loves the man when he smiles; the world becomes afraid of him when he laughs.



Secondly, "God finds himself by creating". I look forward to avoiding being confined by convention or tradition. As new generation in this

modern society, I should endeavor to cultivate independent thinking and critical thinking. There's no need to comply with stiff rules completely. Since I was a primary school student ten years ago, I might do something as teachers or parents instructed. That's OK. But I have to remind myself not to stifle innovation. After all, everyone has his own identification of everything that may be quite different from others'. And everyone has the very reason to create a colorful world belonging to him.

Last but not least, "Sit still, my heart, does not raise your dust. Let the world find the way to you". A decade ago, I was a teenage, who was, more or less, a bit fickle and anxious. Besides, extracurricular classes took much of my spare time. It means I have less time that I can dominate; it doesn't mean that I am unable to develop my own hobbies, be close to the nature, discover beauty of the wonderful world or fall into meditation for several minutes. My suggestion to myself is to slow down the pace and calm down the emotions. It's a pity to ignore beauty around me due to keeping hurrying on with my journey.

As a matter of fact, either a decade ago or the present, I wish myself can remember: Who drives me forward like fate? It's myself striding on my back.



The Letter 英语 162 何淑敏



5th October , 2006

Dear Clio ,

One thing you cannot think of is happening to you . If you guessed it , you are going to be crazy . Yes , I am back from ten years later and writing to you . Now you are a little girl just on primary school.

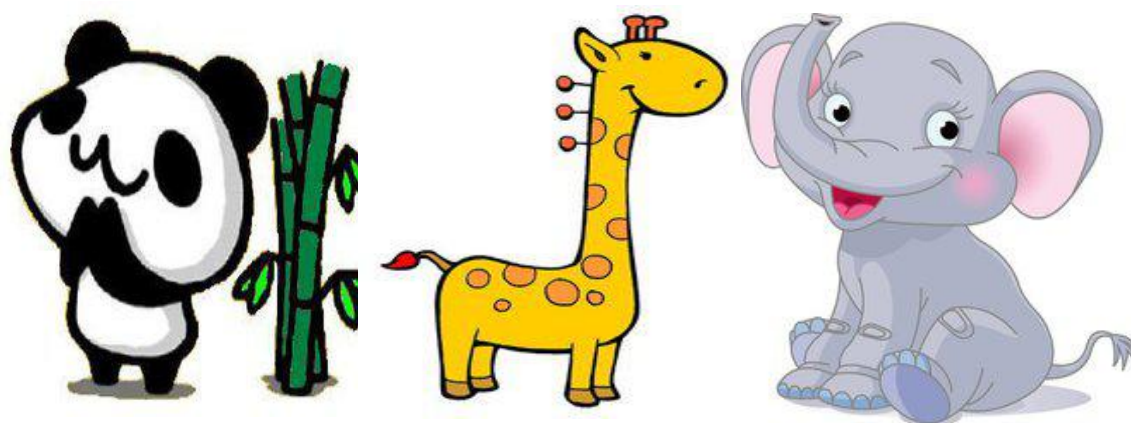
At this time , you are so young , tender and immature . You live in your own carefree world every day and do not need to think about anything . You are pretty relaxed in your age now . So enjoy this period of time without various tutorials , frequent examinations and heavy homework .

Perhaps you can think that my view is good exaggeration and you sometimes have troubles .



However I want to tell you that these bothering you are nothing in the future . you are little and the road of life has not yet begun . You are standing on the starting point of your life , so you have so many options and possibilities . What you supposed to do now is developing yourself , flourishing yourself and thriving yourself as far as possible .

I know you are a shy girl and afraid to express your own thoughts , to participate in all kinds of after-school activities and even to say hello to your classmates . Also I know you like to be alone , reading books or listening to music , in your own place . Although I cannot deny that reading can open up more dimensions to broaden your horizons , so that you can see more deeply through the surface and expand your landscape by thinking about it. I wish that you could make more friends and go to the farther place instead of staying in your comfort zone .



Overcoming your shyness will help you find more like-minded friends . At the same time , participating in rich and colorful activities could enhance your abilities , enrich your mind and cultivate your



In the ten years , you will meet all sorts of people . Some become your friends and some just pass by your life . You do not have to worry about the people who are disappearing in your life because everyone has his own life . What you need to do is to treasure the people around you .

I hope you can keep your passion for life , have strong curiosity about things you do not understand , have abundant imagination and creativity as well as more humility compassion and tolerance in your life . I hope you will be a better person .

Sincerely yours ,

Clio

A letter to myself of ten years ago

Dear girl: 英师 162 顾静怡

You are now in grade three. In a few years, you will graduate from primary school. However, do not rush to grow up or eager to graduate, instead, to cherish the remaining three years of primary school time. Even if you are in a very old classroom, don't think it's crude and dark. The place carries your carefree, pure innocent childhood. Ten years later, both it and the time, will be in your deep heart and you will miss them.



Don't be too timid. Remember to be cheerful and communicate more with others. Seize every opportunity to exercise yourself and try to make your heart stronger.

Take up the courage to say what you want to say. Don't care if people will like it. It's not likely to let everyone like you but compared to a person who does not say anything, one who dares to express himself is more respectable, at least he does not have to suppress and hate himself.



Avoid losing your temper at your parents easily. Probably, it's too difficult for you to understand the deep love of them at that time, however, a few years later, you will truly comprehend the feelings of your parents.

In addition, learn to enjoy the beauty of nature. It doesn't mean you have to appreciate some magnificent scenes, maybe just the mountain, jungle, sunrise, sunset and so on. You can ride a bicycle, alone, strolling along country roads. Listen to the babbling of the stream. To enjoy the rare quiet and peace and relieve your body and mind. Listening to the words of life silently, touching the steps of times lightly, tasting the perfect space belonging to you, then the heart will be light-hearted.



On top of these, I am also very grateful for your stubbornness that you always listen to the voice from the bottom of your heart. Over these years, you've met a lot of people and done numerous things but you can't imagine how wonderful and how enjoyable they are.

Finally, in the long road of life, go down unremittingly. You shouldn't care success or failure, for you will only struggle ahead as long as you have been destined to the distance. You are not supposed to care the difficulties around, for what you can leave on the earth is only their view of your back since you have been marching toward the horizontal. There are flowers along the road, songs in your heart and stars in the sky. The places you want to go must have the most beautiful scenery.

Yours sincerely



If I could go back to ten years ago

英语 151 刘艳

I always dream about returning to the past. As many people say, childhood is the happiest and easiest time in one's life. If I could go back to ten years ago, I wanted to say.....

Dear myself of ten years ago: are you amazed to see your future? No matter what reaction you may have, I will seriously tell you that I am you whom come from ten years later.



Myself of ten years ago was just in the primary school. Although my family was a little poor at that time, I had a good time that I needn't have any troubles. As a child, I showed my true emotions. I knew what is compassion and what is tolerance better than adults. In my world of that time, all real thoughts were presented. I may easily have different opinions with others, but I never understood what was animosity. I enjoyed making friends but I never thought about making social communication net. Every child like me talked from the bottom of his

heart without evil plans hidden and never intrigues against each other. Only in my childhood, my life was simple, more real and more enjoyable. Therefore, if I could go back to face myself of ten years ago, I must tell her to cherish and enjoy her childhood with full heart. Never forget her original intention with time going by.

Besides, I want to tell myself of ten years ago the sad story of my grandfather. In spite of the natural death of my grandfather, I still remembered my broken heart of the day my grandfather passed away.

That was my
the pain of my
leaving forever.
in totally
made me feel
was that I even
grandfather



first time to feel
close relatives
I was wrapped up
sadness. What
sorry and sad
didn't see my
one last time. I

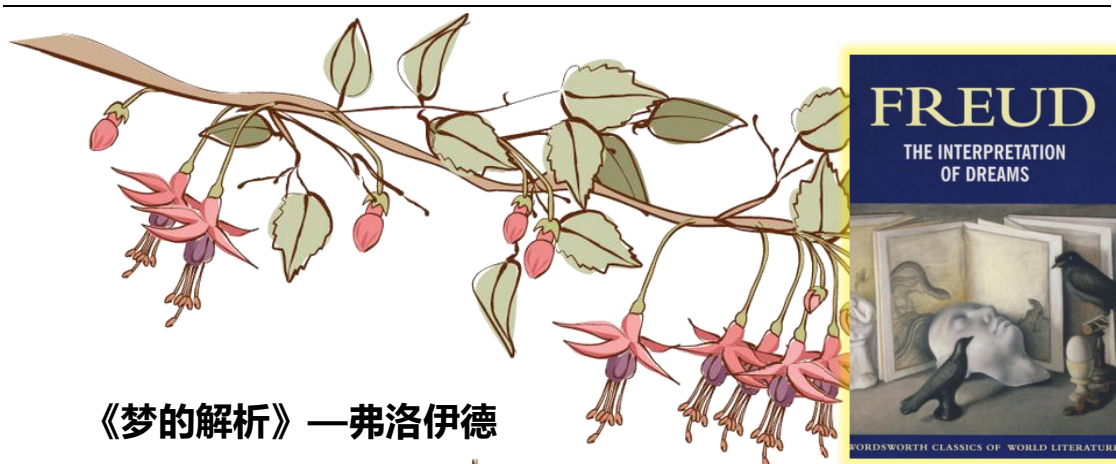
regret not contribute my filial piety to my grandfather alive. At that time, I really wish that time could go back when my grandfather still lives in the world. If I had the chance to go back to ten years ago, I must educate myself of ten years ago to care more about my grandfather for the rest of his life. 'The trees want to be still but the wind is blowing; the children want to support but parents have gone.'

Last but not least, it's necessary to read more books. The books are not just about the textbooks, but any kinds of the classic books which contain different types. As a college student who has gone through the later ten years, I can surely tell you how important the books to a person. I clearly knew myself of ten years ago was absorbed in the entertainment

of television not covering the books. Therefore, I sincerely hope myself of ten years ago can read as more books as I can.

At last, I want to tell myself of ten years ago that no matter what happened, don't forget to keep a smile on face every day.





《梦的解析》—弗洛伊德

这本书叙述了弗洛伊德对于梦的看法以及在进行精神分析的心理辅导时解梦的方法，充分见证了梦的力量。为了破除梦的伪装，弗洛伊德先是谈到几个较为普遍的象征形象，进而谈到梦的运作，说明梦进行伪装的四种方法，完全破除伪装后，梦的真实意义便浮出水面，即可达到解梦的意图。由于社会现实和伦理道德的限制，人的很多欲望和冲动都受到压抑，只有在梦中，当思想放松警惕时，这些欲望和冲动才会用梦的形式表现出来，梦就是愿望的满足。作者本人深信每个梦的非常刺激来源，均来自“他睡着以前的经验”。只要是那一些早期的印象与做梦当天的某种非常刺激能有所关联的话，那么梦的内容就可以涵盖人生各种时间段所发生过的事件和印象。

创作背景

该书出版于 1900 年，作者在写此书以前不仅有了充分的思想准备，而且已搜集了大量资料，因为还没有人对于梦，对于潜意识心理有过慎密透彻的研究。1896 年和 1897 年，他已经在维也纳犹太学术厅做了有关梦的演讲。1896 年 10 月，其父亲去世，促使他在先前的理论研究和医疗实践的基础上，开始进行自我分析，并进一步展开对梦的深度探讨与思考。该书在作者生前就再版了八次，先后被翻译成多种文字，一直经久不衰。它揭示了许多埋藏于人类心理深层的奥秘，为人类潜意识学说奠定了稳固的基础，被称为改变历史，震撼世界的 20 世纪人文社会科学最重要的经典之作。

Companionship of Books

A man may usually be known by the books he reads as well as by the company he keeps; for there is a companionship of books as well as of men; and one should always live in the best company, whether it be of books or of men.



A good book may be among the best of friends. It is the same today that it always was, and it will never change. It is the most patient and cheerful of companions. It does not turn its back upon us in times of adversity or distress. It always receives us with the same kindness; amusing and instructing us in youth, and comforting and consoling us in age. A good book is often the best urn of a life enshrining the best that life could think out; for the world of a man's life is, for the most part, but the world of his thoughts. Thus the best books are treasuries of good words, the golden thoughts, which,



remembered and cherished, become our constant companions and comforters.



Books possess an essence of immortality. They are by far the most lasting products of human effort. Temples and statues decay, but books survive. Time is of no account with great thoughts, which are as fresh today as when they first passed through their author's minds, ages ago. What was then said and thought still speaks to us as vividly as ever from the printed page. The only effect of time have been to sift out the bad products; for nothing in literature can long survive e but what is really good.

Books introduce us into the best society; they bring us into the presence of the greatest minds that have ever lived. We hear what they said and did; we see the as if they were really alive; we sympathize with them, enjoy with them, grieve with them; their experience becomes ours, and we feel as if we were in a measure actors with them in the scenes which they describe.

The great and good do not die, even in this world. Embalmed in books, their spirits walk abroad. The book is a living voice. It is an intellect to which on still listens.



Gettysburg Address

Fourscore and seven years ago, our fathers brought forth upon this continent a new nation, conceived in liberty and dedicated to the proposition that all men are created equal.

Now, we are engaged in a great civil war, testing whether that nation or any nation so conceived and so dedicated, can long endure. We are met on a great battlefield of that war. We have come to dedicate a portion of that field as a final resting-place for those who here gave their lives that that nation might live. It is altogether fitting and proper that we should do this. But, in a larger sense, we cannot dedicate, we cannot consecrate, we cannot hallow this ground.




The brave men, living and dead, who struggled here, have consecrated it far above our poor power to add or detract. The world will little note nor long remember what we say here, but it can never forget what they did here. It is for us, the living, rather, to be dedicated here to the unfinished work which they who fought here have thus far so nobly advanced. It is rather for us to be here dedicated to the great task remaining before us---that from these honored dead we take increased devotion to that cause for which they gave the last full measure of devotion; that we here highly resolve that these dead shall not have died in vain; that this nation, under God, shall have a new birth of freedom; and that government of the people, by the people, and for the people, shall not perish from the earth.



编者寄语

We are determined to make our magazine better and better in 2016, based on your support and contribution. Thank you for all your kind attention and we clearly know that this magazine can be landmark for us to set out practice and make progress!



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